

# Athletic Handbook 2023-2024



## **Introduction**

Dear Christ's Church Academy Parents and Students,

Please allow me to welcome you to the CCA Eagle Family! As you can see, we are extremely proud of our rich athletic tradition at CCA and proudly bleed Maroon and Orange. As you begin to review this handbook, you will soon understand the unique privilege it is to glorify Christ as a CCA student athlete. We believe that athletics is simply another branch of the CCA ministry, and therefore exist to continue the mission of our school. The mission of Christ's Church Academy is to make disciples, more disciples, and better disciples through excellence in academics, athletics, and the arts.

The coaches at CCA have a deep personal relationship with Christ and will take the time throughout the season and beyond to disciple athletes as they grow in their relationship with Christ. Our athletic programs are built on dedication, commitment, discipline, effort, love for others and school pride. Our teams will strive to be successful on the field/court of play and will seek a competitive spirit from all student athletes. It is the desire of our athletic department that you partner with us as we seek to further the Kingdom of God through athletics at CCA.

In Him, Justin Sirmon Athletic Director Christ's Church Academy



Note: the Information found in this Handbook is supplemental to the Parent/Student Handbook as well as the FHSAA Handbook.

# <u>Philosophy</u>

The athletic department at Christ's Church Academy exists to grow each student athlete's personal relationship with Christ. We desire to bring Glory to God through our participation and involvement in athletics. While our ultimate focus is on Christ, our teams will also compete at the highest levels. We believe in developing a winning program that will push our student athletes to become their very best. Student athletes will be encouraged to give their best in their walk with Christ and their best on the field/court of play. Our department will teach lifelong lessons that will have lasting effects for years to come. It is fundamental to our philosophy that each athlete participates in off-season and summer workouts. The principles and lessons learned in the classroom, at home, and through the local church, can be put into practice through athletics. Character is shaped through athletic competition and will carry over into all other areas of life. We desire for our athletes to grow spiritually by teaching them to think and act like Christ in the competitive arena as well as to model Godly character through their words, attitudes, and deeds. Our goal is for students to graduate from our program with a greater understanding of their God-given purpose, who they are in Christ, and how they can serve others. It is our desire that every athlete, coach, student, and parent enjoy the total experience of athletics at CCA.

## Mission and Vision

The CCA Athletic Department will work in alignment with the school's mission statement. The mission of Christ's Church Academy is to make disciples, more disciples, and better disciples through academics, athletics, and the arts. Our department will work in conjunction with the school and the church to provide the best opportunity for each child. We envision that our student athletes will experience transformation by becoming a lifelong follower of Christ and that they will love and lead with excellence in a broken world.

## Mascot and Colors

We are the Eagles and our school colors are maroon, orange, and white.

# **Association**

Christ's Church Academy is a member of the FHSAA (Florida High School Athletic Association). The FHSAA is a governing body for Florida high school athletics and



provides requirements for participation. All items found in this handbook are in addition to the FHSAA handbook and the CCA Parent/Student Handbook.

# **Sportsmanship**

Sportsmanship is having pride in your school, your team and yourself. We request your cooperation by supporting the participants and officials in a positive manner. CCA will follow the biblical application of Proverbs 22:1, "A good name is to be more desired than great riches." Keeping this application in mind, CCA strives to maintain a Christ like reputation that is respected in the community but most importantly brings glory to our Lord and Savior. We ask that all fans and players respond with grace in defeat and humility in victory. All fans and spectators are to avoid criticizing players, coaches or referees and should discourage fellow spectators who display inappropriate behavior. Failure to comply with our sportsmanship policy will be grounds for dismissal from any game, practice, or event that Christ's Church Academy participates in.

#### Athletes

- Play hard within the rules of the game.
- Win with humility, lose graciously, and congratulate the opposing players and coaches.
- Respect officials and respect their decisions.
- Remember that you represent your school, your coaches, you family, yourself and ultimately Christ.
- Remain positive towards coaches and teammates.
- Respect the property and facilities of CCA as well as those of your opponents.

## Spectators

- Treat opposing players, coaches and fans with respect and courtesy.
- Show respect and constraint towards all officials.
- Serve as positive role models for our students.

# Being a Christ's Church Academy Eagle is a Privilege

Participating in athletic programs at Christ's Church Academy is a privilege. We believe that community, discipline, integrity, sportsmanship, and other honorable qualities are linked to athletic involvement. Participating in athletics offers our students the opportunity to represent the entire school and community. Therefore, a student athlete's behavior, conduct and attitude must align with the guidelines and policies found in the CCA Parent/Student Handbook. Athletes may be denied the privilege to participate in



athletics if they fail to meet academic or behavioral expectations, including conduct out of school.

# **Sports Offered**

CCA offers 11 different sports across more than 20 teams. CCA offers the following sports: Football, cross country, golf, volleyball, cheerleading, basketball, soccer, baseball, tennis, softball and track and field. When numbers permit, the CCA athletic department will offer middle school, junior varsity, and varsity teams in each of our sports. Please be advised that there will be occasions when fewer than three teams will be offered in a sport.

## Fall Sports

- Football
- Girls cross country
- Boys cross country
- Boys golf
- Girls volleyball
- Cheer

#### Winter Sports

- Boys basketball
- Boys soccer
- Girls soccer

#### **Spring Sports**

- Baseball
- Softball
- Boys tennis
- Girls tennis
- Boys track and field
- Girls track and field

# Season Starting Dates

Year	Fall	Winter	Spring	Summer
2023-2024	Monday, 7/31	Monday, 10/16	Monday, 1/24	Monday, 6/3



# **Policies**

#### **Student Conduct**

As members of an athletic team, athletes are high-profile representatives of Christ's Church Academy. Students are expected to act in an appropriate manner. The following behaviors are inappropriate and will not be tolerated on or off campus, or through social media:

- Fighting
- Profanity
- Use or possession of/being under the influence of alcohol, tobacco, or drugs including vaping
- Unsportsmanlike conduct
- Rude or disrespectful behavior
- Taunting opponents or officials
- Destruction of property
- Obscene gestures
- Derogatory or degrading comments

\*\* Students who exhibit any of the above behaviors or any other inappropriate behavior will be suspended from athletic competition pending further investigation. Administration will determine the length of suspension.

#### Practice/Game Attendance

We believe that in order to become a program of excellence a certain level of commitment is required. Therefore, practice and game attendance are a necessity. Unexcused missed practices/games could result in dismissal from the team. The coach along with the Athletic Director reserves the right to make this decision.

#### **School Attendance**

Students participating in any athletic competition must be present during the regular school day on the day of a game and remain in school for a minimum of four full class periods unless approved by the Athletic Director. When athletes leave school early for an event, all work that is due on that day must be submitted to the teacher before leaving



for the game. Athletes are also responsible to obtain work that will be due the following day before leaving campus.

\*\*Athletes are expected to be in school at the beginning of the school day regardless of the time the athletic contest ends the prior evening unless approved by the Athletic Director and Upper School Principal.

#### **Practice Frequency and Duration**

Practices will be held after school, and times are determined by gym and field availability. During certain seasons, practices may be tiered to accommodate the number of teams and limited field/gym use. Most practices will last roughly two hours. Practices may be held before school if first approved by the Administration.

#### Conduct

CCA aspires for athletes to always represent themselves in a Christ honoring manner. If a student is suspended from school the student is ineligible to participate in practice, games or events until the suspension is served. If at any time a student athlete demonstrates poor conduct in or out of the classroom the principal along with the Athletic Director reserves the right to withhold the athlete from participation until his/her conduct improves.

#### **General Program Expectations- Practices and Games**

All athletes are expected to be at every scheduled practice and game unless absent from school or previously arranged with the coach. Balancing academic, athletic, social, and family responsibilities is required of every student athlete.

We believe every student athlete should control their effort and attitude (2 Timothy 1:7). All CCA student athletes are expected to demonstrate a positive attitude and work hard in practices and games.

Although specific team rules may vary, every CCA athlete is expected to:

- Be punctual- arrive on time and prepared for team activities.
- Respect authority- all decisions of coaches and officials.
- Handle success and failure with a positive attitude.
- Win with class and lose with dignity.
- Accept personal responsibility for accomplishments and mistakes.



- Set realistic individual goals and priorities.
- Demonstrate a desire to improve individual skills and understanding of their sport.

#### **Multi-Sport Athletes**

Students are cautiously permitted to participate in two sports during the same season involving teams sponsored by Christ's Church Academy, when adhering to the following guidelines:

- A written agreement between the athlete, both coaches, and parents with final approval from the Athletic Director.
- The athlete must designate the primary sport.
- Participation in the primary sport requires attendance at all regular and tournament contests without penalty from secondary sport.
- In case of overlapping sport seasons, the prior sport season has priority and athletes may not compete until the prior season has been completed. Coaches at CCA will encourage athletes to participate in multiple sports throughout the year. The A.D. will not permit coaches to suggest to players that they specialize in one sport to the exclusion of others. High school is a time when trying different sports should be encouraged.

#### **Inclement Weather Guidelines**

CCA Administration will evaluate the safety of holding practices/games during periods of potential inclement weather. These decisions will be made in conjunction with CCA Administration, officials, and opponents Administration. The decision to cancel games and practices will be made by 2:00pm. If the CCA campus is closed due to adverse weather conditions, ALL practices and games are automatically cancelled or postponed. This will be communicated with families through social media posts and email.

#### **Playing Time**

At all levels, it is the coach's responsibility to determine who will play and how much playing time each athlete receives. Student athletes have the opportunity to earn playing time through their individual performance and attitude in both practices and competitions. At no time should a parent address a coach regarding their students playing time. These decisions are the sole discretion of the head coach and are not subject for review. In addition, neither the athletic director nor any other administrative member of CCA will discuss playing time with any parent. **In summary, playing time is never guaranteed and is not an appropriate topic of conversation.** 

#### **Quitting Policy**



It is expected that if the student athletes start the season, they should finish the season. Students will be given a one-week grace period at the beginning of the season where, if they decide that if a certain sport is not for them, they may leave the team. An athlete who quits after the one-week grace period will not be allowed to practice, play, or participate with any other CCA team until the original team's regular and postseason play is completed unless approved by the athletic administration. Athletes who quit a sport will not be reimbursed athletic fees. **Note:** In some cases, an athlete may be dismissed from the team. Dismissals will be handled on a case-by-case basis with clear communication between the coach, athlete, parents, and Administration. Athletes who are dismissed will not be reimbursed athletic fees.

#### **Uniforms and Equipment**

The CCA athletic department purchases uniforms and equipment for each of the school's athletic teams and issues those items to team members. Exceptions to this policy are made on the rare occasion when student athletes purchase and then keep their respective uniforms and/or equipment.

Uniforms and equipment are to be cared for during the season by each athlete and are returned to the head coach immediately following the last game of the season. A student who does not have his/her uniform and equipment ready for competition may not be permitted to compete on that day. Uniforms and equipment purchased by CCA may not be purchased or kept by any individual at any time. Parents of athletes who do not return uniforms within two weeks following the last contest of the season will be billed for the cost of replacing the uniform(s) and equipment.

#### Non CCA Teams

Athletes are strongly discouraged from participating in another club sport during the same time as the CCA sport. Participation in non-school teams (AAU, Club, etc.) is allowed providing there are no scheduling conflicts with any CCA team in which that student is a member. CCA teams and their commitments must take priority over any outside team event. If any conflict should arise, the expectation would be for the student athlete to attend the CCA event. Failure to comply could result in dismissal from the CCA team.

#### Music

All music played at any CCA athletic event must be Christ-honoring. All music must be approved by the head coach and should be free of profanity or lyrics that are simply inappropriate. Players should provide their coach with a text copy of all music lyrics



prior to the music being played. Failure to comply with these standards will result in the loss of privileges of playing music at any athletic events for that sport. Administration has the right to stop any music deemed inappropriate.

#### **Practice Times**

Times of athletic practices will be set by the coach and communicated to all participants prior to the season.

NO Sunday meetings of players or practices are permitted.

All Wednesday practices will be finished by 5:30 p.m.

When school is out because of natural disasters, all practices will be canceled or postponed. In playoff situations, FHSAA will set the make-up or postponed-game itinerary and notification will be made by the athletic department.

#### Varsity First Approach

CCA Athletics believes that building from the bottom up is critical to growing our programs. As a small school, it is imperative that our varsity programs develop success first to improve the younger generation of athletes at CCA. Therefore, those sports which have lower number of athletes, will hold tryouts for the varsity team first, and upon varsity selection, the coaching staff and athletic director will determine whether there are enough athletes remaining to field other teams.

#### Lettering

To letter for a CCA varsity team, an individual must meet one of the following requirements, as determined by the coach and athletic department:

- Participate in a reasonable percentage of the games played. JV players promoted to varsity after the completion of their season are eligible to letter for that varsity team.
- Bring value to the team in some form, as determined by the coaches.
- Players receive a letter once (regardless of number of sports played) and then may receive a pin in subsequent years.

#### Photography Access

Photography access on game fields will be limited to those hired by CCA and/or assigned by the Athletic Department.



#### Injuries

In the event a student-athlete becomes injured while participating in a school athletic activity, home or away, the coach or student must notify the athletic trainer as soon as possible. The athletic trainer will perform an initial evaluation of the injury, provide medical treatment, and determine if the injury requires an immediate or eventual medical referral to the emergency room or to a physician. Parents or guardians will be notified if medical referral is warranted. If a student-athlete sustains an injury while participating in a school activity that prevents the student from participating in future practices or games, the student-athlete must maintain communication with the athletic trainer about the status of the injury. During the time that the student-athlete is unable to participate, he or she should be actively involved in a rehabilitation program. The athletic trainer will establish a rehabilitation program with the approval of student's physician. If a physician refers a student to complete his or her rehabilitation at a physical therapy clinic, the student must remain in contact with the athletic trainer about his or her progress. If the injured student-athlete does not attempt to participate in a rehabilitation program recommended by the athletic trainer or physician, that studentathlete may not be awarded credit for that sport. The importance of the rehabilitation process is to ensure that the student can safely return to fully functional athletic participation. If a student-athlete is injured to the extent that he or she must see a physician, the athletic trainer must have a written release from the physician for the student-athlete to resume full participation in practices and games. An injury does not equate to absence from the team and team events. All injured athletes should continue to attend practices and games when and if capable during their time away with injury.

#### **Sports Packs and Athletic Apparel**

Athletes participating on athletic teams at CCA may have the opportunity to purchase athletic apparel from the BSN online store. In some cases, coaches may require the purchase of specific items.

#### Fees Associated with Athletic Participation

Families are responsible for athletic fees. These fees are necessary in order to provide the highest quality athletic experience possible for each athlete. The following is a list of expected athletic fees:

- Participation Fee: \$200 for middle school and \$250 for high school (no refunds after the one-week grace period).
- Team hotel and travel: These expenses can vary depending on sport and season.
- Online team stores: Team apparel



Participation fees are due before the first game.

#### Game Day Attire

For games, meets, and matches, student athletes may wear approved spirit pack wear above the waist as long as apparel conforms to all daily dress code policies. Each team may choose to implement a dress code for game days. These guidelines are at the discretion of the head coach with approval of Administration, and failure to adhere to these guidelines may result in consequences to be determined by that head coach.

#### **Transportation Guidelines**

When transportation is provided by CCA (team bus, charter bus, etc.) students are required to travel to practices and games on the vehicle(s) provided unless one of the following scenarios arise:

- Students may return from an event with their parents, or with another parent, only after the parents provide written notification to the head coach (email, signed note, etc.) stating with whom the student is permitted to ride with. Some coaches may require teams to remain together until returning to campus. This decision will be at the sole discretion of the head coach and athletic director.
- With the appropriate permission from the head coach, students may drive themselves to and from practices and games. Parents will need to provide the head coach with written permission (email, signed note, etc.) stating the student may drive his/her own vehicle. In this case, the student is permitted to travel alone and must not have any other student in the car, unless previously approved by the parent and coach/athletic director, while traveling to and from practices and games.

## **Structure of the Athletic Department**

#### Athletic Director

The athletic director serves under the leadership of and has a direct relationship with the Head of School. The athletic director oversees the total operations of the department and is assisted by other athletic staff.

#### Assistant Athletic Director

The Assistant athletic director serves alongside the athletic director and helps coordinate games, officials, required documents, etc.

#### Varsity Head Coaches



Varsity head coaches will have a direct reporting relationship with the athletic director on all functions of their positions, including program administration, operations, facilities, etc. Varsity head coaches, under the direction of the above outlined structure, will be responsible for the coaches on their coaching staff, at the varsity, junior varsity, and middle school programs. Each Varsity head coach is responsible for overseeing his/her total program. This oversight will include staffing, budget management, media relations, equipment, and uniform inventory control, etc.

#### **Assistant Coaches**

Assistant coaches work directly with the head coach and support the mission and vision of the program. Assistant coaches will receive direct instruction regarding their position description from the varsity head coach.

## Coach, Parent and Player Relationship

Both parenting and coaching are difficult at times. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to our children. As parents, when your children become involved in our programs, you have an obligation to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

#### Communication parents should expect for their child's coach:

- Expectations of the student athlete
- Practice times and locations
- Team requirements
- Code of conduct
- Financial requirement and fees

#### Communication coaches should expect from parents:

- Notification, well in advance, of any schedule conflicts
- Medical or physical limitations of the child
- Specific concerns regarding the coach's expectations

#### Items Appropriate to discuss with the coach:

- Treatment of the child physically, mentally and emotionally
- Ways to help the child improve
- Concerns about the child's behavior and/or academic needs

#### Items NOT Appropaite to discuss with the coach:



- Playing time
- Playing position of the child
- Team strategy
- Play calling
- Other students

#### Parent Procedures

When issues arise, the following procedures should be followed to help promote a resolution to the issue of concern. **Notice**- CCA will follow the 24-hour rule. Please wait at least 24 hours to speak with the coach as emotions can be high following practice, games, and events.

- 1. Set up a meeting with the head coach of that sport.
- 2. Address your concerns with the coach.

#### If a Resolution is Not Reached

- 3. Set up an appointment with the athletic director and coach to discuss the situation.
- 4. If the issue is not resolved at this meeting, the appropriate next step would be to set an appointment to meet with the Principal and/or Head of School.

## **Eligibility**

#### FHSAA

Christ's Church Academy is a member of the FHSAA (Florida High School Athletic Association). The FHSAA is a governing body for Florida high school athletics and provides requirements for participation. As a member, CCA will adhere to all FHSAA regulations regarding athletic eligibility. More information can be found at the FHSAA website- www.fhsaa.org

#### Academic Eligibility

A high school student athlete's cumulative GPA must remain above a 2.0 following each semester to remain eligible per FHSAA policy. However, CCA will operate under an academic policy per quarter. If a student is failing (D or below) two or more core classes following the end of a quarter, CCA reserves the right the pull the student from athletic competition until an academic plan is put forth for improvement in conjunction with the player, teacher, parent(s), coach and academic support team. If a student athletes cumulative GPA drops below a 2.0 after a semester, the student athlete will become permanently ineligible for the following semester (EX. Justin's GPA is a 1.9 after



semester 1, he will immediately become ineligible for the entirety of semester 2). CCA will utilize the FHSAA eligibility standard policy when necessary. Middle School academic eligibility is based upon semester GPA not cumulative.

#### Athletic Clearance

CCA will utilize a digital platform called "Athletic Clearance" to upload all required FHSAA and CCA athletic forms. Parents must register their child with this platform and submit all appropriate paperwork here. Instructions for registration can be found at ccajax.org.

#### **Required Forms**

The following forms must be submitted before participation in a sport. All forms can be found on the FHSAA website.

**EL2-** This is the FHSAA physical form. All students are required to have an annual physical. This form must be completed in its entirety and signed by a certified physician. Only FHSAA forms can be accepted.

- **EL3-** This is the parent/student consent and release form. Both the parent and the student are required to sign this form for the student to participate in athletics. Your signature on this form demonstrates that you and your child have completed the NFHS Heat Acclimatization and Concussions in Sports course.
- **GA04-** This form is for new students coming to CCA that are entering into the 10<sup>th</sup>, 11<sup>th</sup> or 12<sup>th</sup> grade or students that are non-traditional (homeschool, online, etc.). This form must be notarized.

#### Physician's Note

- 1. Any student receiving physician's care for an injury or illness which results in loss of time from school or athletic competition must provide a note from a physician clearing him/her to return without restriction to athletic competition.
- 2. Any student who suffers a loss of consciousness during a practice or contest may not resume athletic participation until receiving written clearance from a physician.

#### **New Student Participation**

Any student new to CCA must be completely withdrawn from previous school or matriculated from prior middle school and completely enrolled in CCA prior to participating in any off-season conditioning, practices, or games. This includes any summer activities or leagues.



Student-athletes are eligible upon completion of enrollment (as long as they meet all other eligibility standards - including, but not limited to age, limit of eligibility, preparticipation physical exam, GPA, and consent and liability release) at the school in which he or she first attends each school year. If the transfer occurs during the school year, the student may seek to immediately join an existing team if:

• Student has completed all UCS eligibility requirements

• A roster spot is available

• The student has the requisite skill and ability to participate in the sport according to the coach of the team

• The student has not participated in the same sport at another school during the same school year- unless the student meets one of the following exceptions:

1. Dependent child of active-duty military personnel whose move resulted from military orders

2. Relocation due to a foster care placement in a different school zone

3. Move due: to court-ordered change in custody due to separation or divorce, or the serious illness or death of a custodial parent

4. Authorized for good cause. The athletic eligibility of students who transfer to CCA during the school year will be determined based upon good cause by a committee comprised of the Upper School Principal, Assistant Upper School Principal, Director of Admissions, and the Director of Athletics. A good cause determination for the student's athletic eligibility will be made by the committee once all reasons and aspects related to the student transfer have been considered and discussed. A recommendation will be made by the committee to the Head of School regarding the student's athletic eligibility. The final decision will be made by the Head of School and is not subject to review/reconsideration.

#### **Home School Participation**

Christ's Church Academy is committed to ministering to home school families who desire to have their student-athletes participate in a Christ-centered athletic program. To be accepted, home school student-athletes and their families must go through the same admissions process as full-time students, including academic review. Home school student-athletes will be held to the same academic, spiritual, and social standards as CCA students and must maintain those standards for participation. The season for homeschool athletics is from July 1-June 30 of each school year. For all new homeschool applicants, these are the instructions:

Go to the school website at <u>www.ccajax.org</u> and go to the Admissions tab. You will go to Online Application and then Apply Online. Once there, you will "Create and Account (in blue) and then complete the application titled: "Application – Homeschool Athlete 6th-12<sup>th</sup>". The fee for applying to CCA is \$170.00. After you have all paperwork completed for admissions and



have had admissions testing you will be presented for acceptance as a homeschool athlete. If you are accepted and offered a contract, you will pay a yearly fee of \$500.00 (for the first student) and \$250 for any sibling. This yearly fee does NOT include any additional player participation fees.

In addition to being admitted to CCA as a home school student, the athlete must also be approved through the FHSAA office as a home school student. The following forms are required and must be submitted through the athletes online Athletic Clearance account. GA04

EL7 EL7V EL9

Note- FLVS full time students are not permitted to participate in athletics at CCA per FHSAA policy.

## **FHSAA Compliance**

A home school student is eligible to participate in interscholastic athletic competition provided the student is admitted to CCA as a home-schooled student and:

- 1. If a student withdraws from a traditional school program, the student must register with the district school board as a home education student before participation in any sport. The home education program must be in accordance with policy 9.2.2.1.1, 16.5, 16.6.1.1, of the FHSAA Handbook.
- 2. The parents of the home education student must submit verification of minimum grade point average for athletics participation at the end of each semester.
- 3. The student must submit an admission application, be interviewed, and be accepted as a CCA Home education student prior to participation for the desired sport in which he/she wants to participate.
- 4. The student must comply with all CCA policies for student participation and all rules and regulations of FHSAA.

## Facility Usage

All athletic facilities are managed and supervised by Christ's Church and Christ's Church Academy. Use of facilities is limited to CCA events, athletic programs, and Christ's Church ministries. All outside usage must be requested, approved, and scheduled through the athletic department. No individual use of facilities without supervision is allowed.

## Weight Room Use

- Coaches will schedule the weight room through the athletic department.



- No student is permitted to use the weight room without direct supervision from a CCA coach.
- Students must have proper workout attire, consisting of a clean, dry T-shirt, athletic shorts, socks, and athletic shoes (no cleats). Students must remove all jewelry before entering the weight room.
- No food or drinks are permitted at any time.
- Students are responsible for re-racking and cleaning the weight room after each use.
- Violations of weight room rules or policies may result in a loss of privileges.

#### Student Athlete Commitment

- As a Student Athlete, I will attend and be on time to practices, games, and team functions.
- As a Student Athlete, I will contact the coach by noon or earlier that day, to notify that I will be absent.
- As a Student Athlete, I will be diligent in preparation, displaying a coachable spirit, and providing great effort each time I step on the field of play.
- As a Student Athlete, I will not allow negative situations to affect my attitude, effort, or demeanor.
- As a Student Athlete, I will demonstrate respect, discipline, humility, and selfcontrol in all situations, working towards Christ-like character on the field of play.
- As a Student Athlete, I will strive to be positive toward teammates, opponents, coaches, and officials.
- As a Student Athlete, I will refrain from the use of ridicule, harassment, profanity, teasing, or name-calling.



- As a Student Athlete, I am afforded the privilege to participate in athletics, thus the responsibility rests on me to adhere to the standards set forth in all student handbooks.
- As a Student Athlete, I will maintain open avenues of communication with teammates, coaches, and parents which will help to build excellence.
- As a Student Athlete, I will speak to coaches with regards to my role, playing time, and areas of needed growth. These kinds of conversations will assist me in working towards developing my sport-specific skills, growth, and maturity in my life skills.
- Team captains will be selected based on character, leadership, and the ability to lead.
- As a Student Athlete, I will be responsible to CCA for my actions both on and off the field of play.
- As a Student Athlete, I understand that participation on a team is a privilege and not a right.
- To remain a Student Athlete in good standing (remain on the team), I must uphold the Mission Statement of the school, remain drug and alcohol free, and conduct myself accordingly.

#### Student Signature: \_\_\_\_\_

Date:\_\_\_\_\_

#### Parent Commitment

- As a parent, I understand and agree that the CCA Athletic Department fields competitive programs in each sport.
- As a parent, I understand and agree that all players may or may not play some during each game.
- As a parent, I understand that not all players will have equal playing time.
- As a parent, I understand and agree that the coaches will not discuss playing time with parents.
- As a parent, I understand and agree that each player will have a role to play on their respective team.
- As a parent, I understand that the coaching staff will determine the role of the player, and I will support that decision with our child, other parents, and coaches.



- As a parent, I understand and agree to let the coaches coach, and the players play, while focusing my energy on encouraging and cheering, rather than giving direction to my child from the stands or sidelines.
- As a parent, I understand and agree to pay all athletic fees associated by the published due date for each season. All participation fees and player package fees will be managed through the Finance Office and Athletic Department.
- As a parent, I understand the importance of volunteering through the athletic department during events in order to make sure those events are done in an excellent manner.
- As a parent, I agree not to raise funds or organize other parents to raise funds without the consent of the athletic director.
- As a parent, I will demonstrate Christ-like behavior in resolving conflict. I will follow the Matthew 18 principle and will not complain, gossip, or criticize those with whom I may have a disagreement.
- As a parent, I will refer to the Athletic Handbook and Parent/Student Handbook for further information.

Parent Signature:	
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Date:\_\_\_\_\_

#### **Coaches Commitment**

- As a Coach, I am responsible to select Student Athletes that best represent the Mission Statement of CCA.
- As a Coach, I will use a holistic approach when evaluating a Student Athlete using qualities such as character, integrity, leadership, coachable spirit, and a love for the sport.
- As a head coach, I will have the responsibility to make sure there is no sense of entitlement based on contributions, status, or influence within the program.
- As a Coach, I will assist in the total development of all athletes by helping them through their life journey, not just their athletic journey.
- As a Coach, I will provide an open line of communication with Student Athletes that allows for questions and feedback for means of improvement.



- As a Coach, I will approach parents individually or collectively to pass along necessary feedback during the season. Athletes will also be encouraged to accurately communicate with their parents about their experiences on the team.
- As a Coach, I will take the responsibility to select team captains that will best emulate the core Christian values expected at CCA.
- As a Coach, I will communicate to Student Athletes and parents all necessary information needed for fees, practice and game schedules, and any other program needs prior to the first game.
- As a Coach, I will create and implement a meaningful practice structure to enhance instruction, development, and effective use of time for all teams within the program.
- As a Coach, I will work toward the desired outcome of developing the total athlete to become champions for Christ.
- As a Coach, I understand that coaching at CCA is a privilege and not a right. I will remain in good standing and uphold the Mission Statement of the school and conduct myself according to the standards set by the administration.

#### AMENDMENT OF HANDBOOK CONTENTS

Christ's Church Academy reserves the right to interpret the content of this handbook, including the policies and regulations governing academic and non-academic conduct of its students. The school reserves the right to modify and/or amend the content of this handbook at any time during the academic year.