

## **Course Descriptions: PHYSICAL EDUCATION**

**H.O.P.E.**  
**(Health Opportunities through Physical Education)**  
**Grades 9 - 12**  
**1 Credit**

**State ID: 3026010**

A combination of Life Management Skills (Health) and Personal Fitness/Physical Education, this course provides students with opportunities to develop an optimal level of physical fitness and acquire knowledge of physical fitness concepts. Students are required to “dress out” for Personal Fitness.

**Weight Training I**  
**Grades 9 - 12**  
**½ Credit**

**State ID: 1501340**

The class consists of lifting weights five days per week. Proper technique is shown so students are safe. Learning of the basic muscle groups is required. This class is for beginners to weight training and is available to boys and girls.

**Weight Training II**  
**Grades 10 - 12**  
**½ Credit**

**State ID: 1501350**

The class consists of lifting weights five days per week. The main difference between Weight Training I and II is the requirement to learn more about muscle groups and how weight training affects the body. Some classroom time will occur.

**Weight Training III**  
**Grades 11 - 12**  
**½ Credit**

**State ID: 1501360**

The class consists of the same type of training involved in Weight Training I and II. Focus will be placed on teaching different styles of workouts. Students will plan their own workout for part of the course.

**Power Training 1**  
**Grade 12**  
**½ Credit**

**State ID: 1501410**

Identify, analyze, and evaluate movement concepts, mechanical principles, safety considerations and strategies/tactics regarding movement performance in a variety of physical activities.

**Comprehensive Fitness**  
**Grades 11 - 12**  
**½ Credit**

**State ID: 1501390**

The purpose of this course is to provide students with the knowledge, skills, and values they need to become healthy and physically active for a lifetime. This course addresses both the health and skill-related components of physical fitness which are critical for students' success.

## **Course Descriptions: PHYSICAL EDUCATION**

### **Team Sports 1 - 2**

**State ID: 1503350**

**Grades 10 - 12**

**1/2 Credit**

Develop the physical skills necessary to be competent in many forms of movement, knowledge of team sports concepts such as offensive and defensive strategies and tactics, and appropriate social behaviors within a team or group setting. Includes integration of fitness concepts throughout the content.

## **Course Descriptions: VISUAL, PERFORMING & PRACTICAL ARTS**

**CHRISTIAN PRINCIPALS** associated with Visual Art classes:

Through the process of creating art, many Christian and Biblical truths can be taught. Emphasis is on responsibility, growth, determination, teamwork, and communication. The students are expected to decide if their work fulfills the project requirements (responsibility), craftsmanship (growth), taking pride in their work (determination), working together (teamwork), and dialog with the instructor and listening to others and asking questions (communication).

### **\*Drawing I**

**State ID: 0104335**

**Grades 9 - 12**

**1/2 Credit**

### **\*Drawing II**

**State ID: 0104350**

**(Prerequisite:** Successful completion of Draw/Paint I)

**Grades 10 - 12**

**1/2 Credit**

These classes are designed to introduce students to a variety of two-dimensional visual art experiences and concepts. They are foundational courses for the study of drawing and painting with an emphasis on the elements of art, principles of design, aesthetics, art history, and related vocabulary. \* **There will be an art fee of approximately \$70 for each course.**

### **\*Painting I**

**State ID: 0104365**

**Grades 9 - 12**

**1/2 Credit**

### **\*Painting II**

**State ID: 0104380**

**Grades 10 - 12**

**1/2 Credit**

These classes are designed to further explore the concepts learned in Drawing I/II. The class will have an emphasis on the elements of art, principles of design, aesthetics, art history and related vocabulary. Courses will explore various mediums such as tempera, acrylic, and watercolor paint. \* **There will be an art fee of approximately \$70 for each course.**

## **Course Descriptions: VISUAL, PERFORMING & PRACTICAL ARTS**

### **Portfolio Development: Drawing III Honors**

**State ID: 0104390**

**(Prerequisite:** Successful completion of Drawing I)

**Grades 10 - 12**

**1 credit**

Students work in a self-directed environment to develop a portfolio showing a body of their own work that visually explores a particular artistic concern, articulated, and supported by a written artist's statement. Artists may work in, but are not limited to, content in drawing, painting, printmaking, and/or mixed media that emphasizes line quality, rendering of form, composition, surface manipulation, and/or illusion of depth. Students regularly reflect on aesthetics and art issues individually and as a group and focus on expressive content that is progressively more innovative and representative of the student's artistic and cognitive growth. In keeping with the rigor expected in an accelerated setting, students' portfolios show personal vision and artistic growth over time, mastery of visual art skills and techniques, and evidence of sophisticated analytical and problem-solving skills based on their structural, historical, and cultural knowledge. Students are self-directed and display readiness for high levels of critical thinking, research, conceptual thinking, and creative risk-taking. This course incorporates hands-on activities and consumption of art materials. \* **There will be an art fee of approximately \$120 per year.**

### **\*Sculpting I**

**State ID: 0111310**

**Grades 9 - 12**

### **\*Sculpting II**

**State ID: 0111320**

**(Prerequisite:** Successful completion of Sculpting I)

**Grades 10 - 12**

**1/2 Credit**

These classes are designed to introduce students to a variety of two and three-dimensional visual art experiences and concepts. They are foundational courses for the study of sculpture, ceramics, and crafts with an emphasis on the elements of art, principles of design, aesthetics, art history, and related vocabulary. \***There will be an art fee of approximately \$70 for each course.**

### **\*Ceramics I**

**State ID: 0102300**

**Grades 9 - 12**

### **\*Ceramics II**

**State ID: 0102310**

**(Prerequisite:** Successful completion of Ceramics I)

**Grades 10 - 12**

**1/2 Credit**

These classes are designed to introduce students to the characteristics and possibilities of clay and the element of form. Emphasis will be placed on proper hand building techniques, respectful use of tools and equipment, creative applications for texture and glazes, as well as the cultural and historical significance of pottery. \***There will be an art fee of approximately \$70 for each course.**

## **Course Descriptions: VISUAL, PERFORMING & PRACTICAL ARTS**

### **Band I**

**State ID: 1302300**

**Grades 9 - 12**

**1 Credit**

Band I is intended to be the first high school course in instrumental music. Students should have some grounding in the areas of scales, rhythm, and tone production. Students will need an instrument and should know how to hold and maintain the instrument. A small number of large instruments are available from the school. Some after-school practices and performances are required. Entry fees may be required for band evaluations.

### **Band II (Advanced Band)**

**State ID: 1302310**

**Grades 10 - 12**

**1 Credit**

**Prerequisite:** Students must have completed Band I.

Band II is a continuation of Band I with the same requirements with a more in-depth study of instrumental music performance. More sophisticated rhythms, chords and melodic content will be explored, with a goal of making the student prepared to perform high school music literature of moderate difficulty.

### **Band III**

**State ID: 1302320**

**Grades 11 - 12**

**1 Credit**

**Prerequisite:** Students must have completed Band II (Advanced Band).

Band III is a continuation of Band II with the same requirements but with a more in-depth study of instrumental music performance. More sophisticated rhythms, chords and melodic content will be explored, with a goal of making the student prepared to perform high school music literature of moderate difficulty. Students will begin to study solo literature and audition procedures to apply for college scholarships.

### **Band IV**

**State ID: 1302330**

**Grade 12**

**1 Credit**

**Prerequisite:** Students must have completed Band III.

Band IV is a continuation of Band III with the same requirements but with a more in-depth study of instrumental music performance. More sophisticated rhythms, chords and melodic content will be explored, with a goal of making the student prepared to perform high school music literature of moderate difficulty. Students will begin to study solo literature and audition procedures to apply for college scholarships.

### **Band V Honors**

**State ID: 1302340**

**Grades 11 - 12**

**1 Credit**

**Prerequisite:** Students must have completed at least through Band II and be recommended for the course by the Band Director.

## **Course Descriptions: VISUAL, PERFORMING & PRACTICAL ARTS**

### **Band VI Honors**

**State ID: 1302350**

#### **Grade 12**

#### **1 Credit**

**Prerequisite:** Students must have completed Band V Honors and be recommended for the course by the Band Director.

These year-long, advanced courses, designed for wind and percussion students with extensive experience in solo performance and larger performing ensembles, promote significant depth of engagement and lifelong appreciation of music through performance and other experiences with sophisticated instrumental music, as well as creativity through composition and/or arranging. The courses include the development of advanced instrumental ensemble techniques and skills, extended music literacy and theory, and deep aesthetic engagement with a broad spectrum of high-quality repertoire, ranging from early to contemporary music. Musical independence and leadership are particularly encouraged in this setting. Students may be required to attend and/or participate in rehearsals and performances outside the school day to support, extend, and assess learning in the classroom. Additional experiences with small ensembles, solo performance, and leadership opportunities may be available. Students who enjoy the challenges and successes of this course may wish to take an accelerated music class in the future.

### **Drama I - II**

**State ID: 0400310**

#### **Drama III Honors**

#### **Drama IV Honors**

#### **Grades 9 – 12**

#### **1 Credit**

Students will learn the basics of pantomime, characterization, improvisation, stage movement, and vocalization. Students will create a speech and movement piece, as well as take part in various skits and plays. Students will be involved in writing and performing their own skits. Students will present a monologue as their final presentation. Students are required to attend some evening rehearsals in the spring. History of Theatre will be incorporated as a research project and presented individually or in groups in a theatrical manner.

### **Yearbook / Photography**

**State ID: 0108310**

#### **Grades 9 – 12**

#### **1 Credit**

Students will be responsible for photographing student life, sports, resources, school events, etc. They will also be responsible for selling ads to businesses and families, designing layouts for all pages, interviewing students, and gathering information/statistics from sporting/schooling events.

## **Course Descriptions: VISUAL, PERFORMING & PRACTICAL ARTS**

### **Yearbook/Interactive Design**

**State ID: 9001110**

**Grades 9 – 12**

**1 Credit**

Students will study and explore interactive, real-world scenarios to learn basic web design principles. Students will be responsible for photographing student life, sports, resources, school events, etc. They will also be responsible for selling ads to businesses and families, designing layouts for all pages, interviewing students, and gathering information/statistics from sporting/school events.

### **Digital Art Imaging**

**State ID: 0108370**

**Grades 9 – 12**

**1 Credit**

Students explore the fundamental concepts, terminology, techniques, and applications of digital imaging to create original work. Students produce digital still images through the single or combined use of computers, digital cameras, scanners, photo editing software, drawing and painting software, graphic tablets, printers, new media, and emerging technologies. Through the critique process, students evaluate and respond to their own work and that of their peers to measure artistic growth. This course incorporates hands-on activities, the use of technology, and consumption of art materials.

### **Worship Team/Vocal Ensemble I**

**State ID: 1303440**

**Grades 9 – 12**

**1 Credit**

The purpose of this course is to enable students to develop performance techniques in a small ensemble setting through the study of varied worship literature. Emphasis will be placed on vocal and instrumental independence, expressiveness, and stylistic authenticity. The course will also explore worship and the way music was used in the Bible. Content includes but not limited to vocal/instrumental production, ensemble performance techniques, music literacy, sight reading and ear training, elements and characteristics of music, improvisation and arranging, performance evaluation, role and influence of choral music and musicians, connections between music and other subject areas, responsible participation in music activities.

### **Worship Team/Vocal Ensemble II**

**State ID: 1303450**

**Grades 10 – 12**

**1 Credit**

The purpose of this course is to enable students to develop performance techniques in a small ensemble setting through the study of varied worship literature. Emphasis will be placed on vocal and instrumental independence, expressiveness, and stylistic authenticity. The course also explores worship and the way music was used in the Bible. Content includes but not limited to vocal/instrumental production, ensemble performance techniques, music literacy, sight reading and ear training, elements and characteristics of music, improvisation and arranging, performance evaluation, role and influence of choral music and musicians, connections between music and other subject areas, responsible participation in music activities.

## **Course Descriptions: VISUAL, PERFORMING & PRACTICAL ARTS**

### **Worship Team/Vocal Ensemble III**

**State ID: 1303460**

**Grades 11 – 12**

**1 Credit**

The purpose of this course is to enable students to develop performance techniques in a small ensemble setting through the study of varied worship literature. Emphasis will be placed on vocal and instrumental independence, expressiveness, and stylistic authenticity. The course will also explore worship and the way music was used in the Bible. Content includes but not limited to vocal/instrumental production, ensemble performance techniques, music literacy, sight reading and ear training, elements and characteristics of music, improvisation and arranging, performance evaluation, role and influence of choral music and musicians, connections between music and other subject areas, responsible participation in music activities.

### **Worship Team/Vocal Ensemble IV**

**State ID: 1303470**

**Grade 12**

**1 Credit**

The purpose of this course is to enable students to develop performance techniques in a small ensemble setting through the study of varied worship literature. Emphasis will be placed on vocal and instrumental independence, expressiveness, and stylistic authenticity. The course will also explore worship and the way music was used in the Bible. Content includes but not limited to vocal/instrumental production, ensemble performance techniques, music literacy, sight reading and ear training, elements and characteristics of music, improvisation and arranging, performance evaluation, role and influence of choral music and musicians, connections between music and other subject areas, responsible participation in music activities.

### **ORFF Music Ensemble 1**

**State ID: 1305400**

**Grades 9 - 12**

**1 Credit**

Students with little experience in instrumental ensemble develop basic musicianship and ensemble performance skills through the study of basic, high-quality music in diverse styles. Student musicians focus on building foundational musical techniques, music literacy, listening skills, and aesthetic awareness. Public performances may serve as a culmination of specific instrumental goals. Students may be required to attend and/or participate in rehearsals and performances outside of the school day to support, extend, and assess learning in the classroom.

## **Course Descriptions: ELECTIVES**

### **AP Psychology**

**State ID: 2107350**

**Grades 11 - 12**

**1 Credit**

The AP Psychology course is designed to introduce students to the systematic and scientific study of the behavior and mental processes of human beings and other animals. Students are exposed to the psychological facts, principles, and phenomena associated with each of the major subfields within psychology. They also learn about the ethics and methods psychologists use in their science and practice. **Requires AP Testing in May (approx. \$99 Fee.)**

### **AP Capstone Research**

**State ID: 1700510**

**Grades 11 - 12**

**1 Credit**

**Prerequisite: AP Capstone Seminar**

AP Research, the second course in the AP Capstone™ experience, allows students to deeply explore an academic topic, problem, issue, or idea of individual interest. Students design, plan, and implement a yearlong investigation to address a research question. Through this inquiry, they further the skills they acquired in the AP Seminar course by learning research methodology, employing ethical research practices, and accessing, analyzing, and synthesizing information. Students reflect on their skill development, document their processes, and curate the artifacts of their scholarly work through a process and reflection portfolio. The course culminates in an academic paper of 4,000–5,000 words (accompanied by a performance, exhibit, or product where applicable) and a presentation with an oral defense. **Requires AP Testing in May (approx. \$99 Fee.)**

### **Personal Finance and Money Management**

**State ID: 2102371**

**Grade 10 - 12**

**½ Credit**

**Prerequisite: Algebra 1**

In Personal Finance and Money Management, instructional time will emphasize seven areas:

- (1) exploring how personal financial decisions are made, including understanding how cognitive biases impact decision making;
- (2) understanding how wages and salaries are earned, including the types of taxes owed, and evaluating various post-secondary paths and career options;
- (3) developing personal or family budgets and exploring how to purchase goods and services by weighing the costs and benefits of those goods and services;
- (4) analyzing how interest can be earned by saving now, which allows for the purchase of more goods and services later and understanding how to compare various savings accounts and services offered through financial institutions;
- (5) determining advantages and disadvantages of credit accounts that allow for the borrowing of money to purchase goods and services while paying for them in the future, usually with interest, and short- and long-term loans;
- (6) developing understanding of planning for the future through investment accounts and retirement plans and comparing investment choices by analyzing rates of return and risk, while analyzing how diversification is one way to reduce investment risk; and
- (7) recognizing that there are risks that can result in lost income, health, or identity and that those risks can be accepted, reduced, or transferred to others through the purchase of insurance.



## **Course Descriptions: ELECTIVES**

### **Universal Leadership Skills**

**State ID: 2400300**

**Grade 10 - 12**

**½ Credit**

This course will provide an in-depth study of the leadership techniques of decision making, problem solving, meeting skills, communication, group conflict reduction, time and stress management, evaluation, team building, group dynamics, motivational strategy, data collection for project needs, evaluation of community organizations, purpose of local government, and the role of leadership in a democratic society.

The content should include, but not be limited to, the following:

- Development in areas such as self-esteem, goal setting, and character building
- Enhanced leadership skills and the ability to function in both a group setting and the community.

### **Florida Virtual School**

**Grades 9 – 12**

**0.5 / 1 Credit Courses**

Taking a 1 credit (academic or elective) course through Florida Virtual School is no longer a state graduation requirement. If students choose to take an online class through FLVS, they are enrolled in a Virtual Learning Lab by the Upper School Advisor and are assigned a lab period which is incorporated into their daily schedule. In addition to having an FLVS course instructor, a CCA staff member is assigned as a facilitator to all FLVS lab periods to ensure students are keeping pace with their assignments. Grades are assigned by the FLVS instructor upon completion of the semester course; credits and grades earned for FLVS classes are listed on the high school transcript. Due to recent changes to the Step-Up Florida Tax Credit Scholarship, students/families who opt to enroll in an FLVS class and who also receive the scholarship would be financially responsible for the online class (approx. \$325 - \$375 per semester per class). If it is necessary for CCA to place a student on FLVS due to a scheduling conflict, there is no cost to the student/family.